

## BOFRA CHAMPIONSHIP RACE CALENDAR 2019

DATE	RACE	TIME	LOCATION	AGE CATEGORIES
Sat 18 May	# Sedbergh 2.2 miles 1100ft	12 Noon	The Show Field, Back Lane, Sedbergh, Cumbria. LA10 5AQ	U9, U12, U14, U17, Seniors
Sun 2 June	# Coniston Gullies 1 mile 900ft	12 noon	From Coniston, Cumbria. Registration at John Ruskin School, Lake Road, Coniston LA21 8EW	U9, U12, U14, U17, Seniors
Sat 8 June	# Lowgill Sports 2.2 miles 1000ft	4.30 pm	Opposite Tatham Fells School, Lowgill LA2 8RA	U9, U12, U14, U17, Seniors
Sun 16 June	#R Kettlewell 1.4 miles 550ft	12 noon	The Cricket Field, Kettlewell, Upper Wharfedale, on B6160. BD23 5QA	U9, U12, U14, U17, Seniors
Sun 23 June	#R Hawskwick Dash 1.4 miles 550ft	12 noon	Outgang Lane, Hawskwick, Littondale. Off B6160 between Grassington and Arncliffe. BD23 5PX	U9, U12, U14, U17, Seniors
Sat 29 June	# Kirkby Gala 4.3 miles 1200ft	2 pm	The Sports Field, Beckside, Kirkby-in-Furness, Cumbria, LA17 7TG	U9, U12, U14, U17, Seniors
Sat 13 July	# Alva Games 1.6 miles 1200ft	From 12:30 pm	Cochrane Park, on the A91 at Alva, near Stirling, Scotland, FK12 5LJ.	U12, U14, U17, Seniors
Sun 21 July	#R Cracoe 2.6 miles 900ft	12 noon	Park Next to Jackson's of Cracoe. On B6265 between Skipton and Grassington, BD23 6LB.	U9, U12, U14, U17, Seniors
Thurs 25 July	# Ambleside Sports 1.7 miles 800ft	12:25 pm	Rydal Park Ambleside. On the A591, towards Keswick. LA22 9PL	U9, U12, U14, U17, Seniors
Sun 4 Aug	#R Farleton Knott 4.5 miles 1200ft	12 noon	On A6070, 1 mile from M6 Junction 36, near Kendal. LA6 1PB	U9, U12, U14, U17, Seniors
Sat 10 Aug	# Arncliffe Gala 1.6 miles 400ft	2 pm	Arncliffe Village Green, North Yorkshire, BD23 5QD	U9, U12, U14, U17, Seniors
Mon 26 Aug	# Reeth Show 2 miles 700ft	1 pm	Reeth, Swaledale, on B6270 between Richmond and Kirkby Stephen. DL11 6AR	U12, U14, U17, Seniors
Sun 1 Sept	#R Burnsall 1.5 miles 800ft	12 noon	Burnsall, on B6160, between Grassington and Addingham. BD23 6BS	U9, U12, U14, U17, Seniors
Wed 4 Sept	#S Muker Show 1.4 miles 550ft	3 pm	Muker, Swaledale, on B6270 between Richmond and Kirkby Stephen. DL11 6QQ	U12, U14, U17, Seniors (Senior Champ. race only)
Sun 15 Sept	#R Embsay 2.75 miles 625ft	12 noon	Main Street, Embsay. Off A65 2m East of Skipton. BD23 6RE	U9, U12, U14, U17, Seniors
Sat 12 Oct	# Wasdale Show 2.4 miles 2300ft	1.30 pm	Wasdale Head, West Cumbria. CA10 1EX	U12, U14, U17, Seniors

# = Championship Race S = Senior Championship race only R = Raffle (Prizes appreciated)

**BOFRA Presentation and Dinner Dance – Saturday 2 November 2018**  
For further information visit the website – [www.bofra.org.uk](http://www.bofra.org.uk)

*You do not need to be a member to compete in BOFRA races. Members also accumulate points which count towards the annual championships. Appropriate clothing and shoes must be worn in all races. Full body cover may be required depending upon weather conditions. All runners must run unaccompanied. Minimum age to compete is 6 years on the day.*

## OTHER FELL RACES AND SPORTS 2019

DATE	RACE	TIME	LOCATION	AGE CATEGORIES
Thurs 2 May	Dick Hudson's 6 miles 600ft	7:00 pm	Millennium Gardens, Ilkley, LS29 9RF Contact Lynda Hargreaves – 07973 713258	Senior Race (over 16)
Thurs 30 May	Killington Sports 1.5 miles 400ft	6 pm	Off A683 Sedbergh to Kirkby Lonsdale road. Contact Richard Gorst – 01539 620939	U12, U14, U17, Seniors
Sat 15 June	Buckden Pike 4 miles 1500ft	2:30 pm	Buckden Village Green, N Yorks. Contact Graham Wadsworth – 07976 794749	Senior Race (over 16)
Thurs 20 June	Beamsley Beacon 5.5 miles 900ft	7:15 pm	The Crown Inn, Addingham, Near Ilkley, LS29 0NS Contact Lynda Hargreaves – 07973 713258	Senior Race (over 16)
Thurs 4 July	Murder Mile 1 mile 497ft	7:15 pm	Golf Club, Brunthwaite Lane, Silsden, BD20 0QA. Contact Lynda Hargreaves – 07973 713258	U9, U12, U14, U17, Seniors
Sun 7 July TBC	Malham Charity Relays 1.5 miles 350ft per leg	11:30 am	Listers Arms, Malham, BD23 4DB Contact Lynda Hargreaves -07973 713258	Junior, Senior and Mixed Teams – Charity Event
Sat 13 July	Addingham Gala 5.8 miles 1000ft	3 pm	Gala Field, Addingham, Ilkley. LS29 0QS Contact Jack Wood – 07973 986639	Senior Race (over 16)
Sat 27 July	Cowling Gala 2.75 miles 475ft	1:15 pm & 3:00 pm	On A6068 between Colne and Keighley. BD22 0AH Contact Keith Holder – 01535 630146	U9, U12, U14, U17, Seniors
Thurs 1 Aug	Eshton Moor 5 miles 550ft	6:30 pm	Old Hall Farm Grave, North Yorkshire. BD23 3UT Contact John Thompson – 07850 318137	U9, U12, U14, U17, Seniors
Sat 3 Aug	Hellifield Gala 3.5 miles 853'	2:15 pm	Hellifield Recreational Field. BD23 4JE Contact Stephen Chew – 07971137931	u10, u12, u14, u16 Seniors
Thurs 8 Aug	Kings Challenge 6 miles 1175ft	7 pm	Kings Arms, Silsden, BD20 0JY Contact Lynda Hargreaves -07973 713258	Senior Race (over 16)
Sat 24 Aug	Malham Show 2.5 miles 700ft	3 pm	Malham, Airedale, off A65, 6 miles N of Gargrave. BD23 4DB. Contact Rob Hudson – 01756 790458	U9, U12, U14, U17, Seniors
Sun 25 Aug	Halton Gill Sports 1.5 miles 750ft	2 pm	Littondale, between Grassington and Kettlewell BD23 5QJ. Contact Annette Hirst – 01756 770245	U9, U12, U14, U17, Seniors
Tues 27 Aug	Kilnsey Show 1 mile 350ft	2 pm	On B6160 between Grassington and Kettlewell, BD23 5PS. Contact Ted Mason – 01756 720392	U12, U14, U17, Seniors
Sat 7 Sept	Lothersdale YFC Show 1.5 mile 400ft	3 pm	Lothersdale, Near Skipton, BD20 8EX Contact Chris Jones – 07753 799386	Minimum age 8 years
Sun 8 Sept	Bradley 3.5 miles 900ft	12:15 pm	The playing fields, Bradley, Near Skipton. BD20 9DF Contact Tim Done – 01535 634871	U9, U12, U14, U17, Seniors

For SHOES, CLOTHING and KIT for the fells, visit [www.yorkshirerunner.com](http://www.yorkshirerunner.com)