**KEIGHLEY & CRAVEN AC**

 **CLUB CHAMPIONSHIP RACES 2018**

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| --- | --- | --- | --- | --- |
|  **DATE** | **CATEGORY** | **VENUE** | **DISTANCE** | **AOB** |
|  6th Jan  | XC | Yorkshire Champs |  | Team Event |
| 14th Jan  | FELL | Stanbury Splash | 7.5M BM |  |
| 3rd Feb | EXTREME | Wadsworth Trog | 19.3M BL |  |
| 18th Feb | FELL | Ilkley Moor | 5M AS |  |
| 24th Feb | XC | National Champs |  | Team Event |
| 11th Mar | ROAD | Spen 20 | 20M |  |
| 18th Mar | FELL | Ian Roberts Memorial | 6.4M BM |  |
| 25th Mar  | ROAD | Northern 6/12 stages |  | Team Event |
| 7th Apr | FELL | Wardle Skyline | 7M BM |  |
| 28th Apr | EXTREME | 3 Peaks | 23.3M AL |  |
| 11th May | FELL | Pinhaw | 5M BS |  |
| 20th May |  | Calderdale Way Relay | 50M (6 legs) | Team Relay |
| 27th May | EXTREME | Helvellyn & the Dodds | 14.9M AL |  |
| 2nd June | FELL | Wharfedale Half Marathon | 13M BL |  |
| 7th June  | ROAD | Bronte 5 | 5M | YVAA |
| 15th June  |  | Billy Bland Relay | 66M (5 Legs) | Team Event |
| 24th June |   | Bradford Millenium Way Relay | 48M (5 Legs) | Team Event |
| 1st July | ROAD | Eccup | 10M | YVAA |
| 19th July  | ROAD | Huddersfield | 5K | YVAA |
| 28th July | FELL | Turnslack | 8M BM |  |
| 2nd Aug | ROAD | UAK Track | 1M |  |
| 10th Aug | ROAD | Arncliffe | 4M |  |
| 19th Aug | EXTREME | Sedbergh Hills | 14M AL |  |
| 2nd Sept | ROAD | Wetherby | 10K |  |
| Sept  | ROAD | Yorkshire Open Road Relay |  | Team Relay |
| Sept  | ROAD | Yorkshire Vets RR |  | Team Relay YVAA |
| Sept  | ROAD | Northern 4/6 stage |  | Team Relay |
| 22nd Sept  | FELL | Fallsfest | 4.9M CS |  |
| 7th Oct  | FELL | Ian Hodgson Mountain Relay | 25M (4 Legs) | Team Relay |
| 13th Oct | EXTREME | Langdale Horseshoe | 13.1M AL |  |
| 20th Oct  | FELL | British Fell Relay Championship |  | Team Relay |
| ? Oct | XC | 1st WYXC Race |  |  |
| ? Oct | XC | 2nd WYXC Race |  |  |
| 4th Nov | FELL | Cop Hill | 7M CM | YVAA |
| ? Nov | XC | 3rd WYXC Race |  |  |
| ? Dec | XC | 4th WYXC Race |  |  |
| 15th Dec |  | Gathering Winter Fools Relay |  | Team Event |

**FELL CHAMPIONSHIPS 2018**

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|  | **FELL** | **CHAMPIONSHIP** | **RACES** | **(Best 5 of 9)** |
| 14th Jan |  | Stanbury Splash | 7.5M BM | 1312ft |
| 18th Feb |  | Ilkley Moor  | 5M AS | 1316ft |
| 18th Mar |  | Ian Roberts Memorial | 6.4M BM | 853ft |
| 7th Apr |  | Wardle Skyline | 7M BM | 1250ft |
| 11th May |  | Pinhaw | 5M BS | 699ft |
| 2nd June |  | Wharfedale Half | 13M BL | 1936ft |
| 28th July |  | Turnslack | 8M BM | 2001ft |
| 22nd Sept |  | Fallsfest | 4.9M CS | 597ft |
| 4th Nov |  | Cop Hill | 7M CM | 899ft YVAA |

**ROAD CHAMPIONSHIPS 2018**

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| --- | --- | --- | --- | --- |
|  | **ROAD** | **CHAMPIONSHIP** | **RACES** | **(Best 5 0f 9)** |
| 11th March |  | Spen | 20M |  |
| 7th June |  | Bronte 5 | 5M | YVAA |
| 1st July |  | Eccup | 10M | YVAA |
| 19th July |  | Huddersfield | 5K | YVAA |
| 2nd August |  | UAK Track | 1M |  |
| 10th Aug |  | Arncliffe | 4M |  |
| 2nd Sept |  | Wetherby | 10K |  |
|  |  | Best ½ Marathon |  |  |
|  |  | Best Marathon |  |  |

**EXTREME CHAMPIONSHIPS 2018**

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|  | **EXTREME** | **CHAMPIONSHIP** | **RACES** | **(Best 3 of 5)** |
| 3rd Feb |  | Wadsworth Trog | 19.3M BL | 3642ft ascent |
| 28th Apr |  | 3 Peaks | 23.2M AL | 5280ft |
| 27th May |  | Helvellyn & the Dodds | 14.9M AL | 4386ft |
| 19th Aug |  | Sedbergh Hills | 14M AL | 6004ft |
| 13th Oct |  | Langdale Horseshoe | 13.1M AL | 4757ft |

**XC CHAMPIONSHIPS 2018**

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|  | **XC** | **CHAMPIONSHIP** | **RACES** | **(Best 4 of 7)** |
|  |  | Open Cross Challenge  |  |  |
| 6th Jan |  | Yorkshire Champs |  |  |
| 24th Feb |  | National Champs |  |  |
| ? Oct |  | 2nd WYXC Race |  |  |
| ? Nov |  | 3rd WYXC Race |  |  |
| ? Dec |  | 4th WYXC Race |  |  |

**ALL ROUND CHAMPIONSHIPS 2013**

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| --- | --- | --- | --- | --- |
|  | **ALL-ROUND** | **CHAMPIONSHIP** | **TITLE** | **(Best 5 races to qualify)** |
|  | Best 2 Fell | Best 2 Road | Best XC | Or Best Extreme |