

K&CAC Juniors - Priority Races 2016									
Race	Venue	Web Link	Age Group	Terrain	Year	Month	Date	Day	
TRACK									
YADAL - Meet 1	Wakefield	http://www.yadal.co.uk/	U13's upwards	T&F	2016	April	24	Sunday	
Yorkshire T&F Champs	Cudworth, Barnsley	http://www.northernathletics.org.uk/events/yorkshire-track-field-championships/	U13's upwards	T&F	2016	May	14	Saturday	
Yorkshire T&F Champs	Cudworth, Barnsley	http://www.northernathletics.org.uk/events/yorkshire-track-field-championships/	U13's upwards	T&F	2016	May	15	Sunday	
YADAL - Meet 2	Cleethorpes	http://www.yadal.co.uk/	U13's upwards	T&F	2016	May	22	Sunday	
YADAL - Meet 3	Cudworth	http://www.yadal.co.uk/	U13's upwards	T&F	2016	June	19	Sunday	
YADAL - Meet 4	Wakefield	http://www.yadal.co.uk/	U13's upwards	T&F	2016	July	17	Sunday	
K&CAC Club Champs 1500m Race	UAK Track		U9's upwards	Track	2016	July	TBC	Tuesday or Thursday	
West Yorkshire T&F Champs	Cleckheaton	http://www.westyorkshireathletics.org.uk/	U11's upwards	T&F	2016	September	4	Sunday	
ROAD									
K&CAC Club Champs Road Race	Jubilee Tower (Measured 1 and 2 mile)		U11's upwards	Road	2016	September	15	Thursday	
Yorkshire Road Relays	Thornes Park, Wakefield	http://www.northernathletics.org.uk/events/yorkshire-road-relay-championships/	U13's upwards	Road	2016	September	18	Sunday	
Northern Road Relays	Sport City, Manchester	http://www.northernathletics.org.uk/events/northern-athletics-road-relay-championships/	U13's upwards	Road	2016	September	25	Sunday	
National Road Relays	Sutton Park, Birmingham	http://www.englishroadrunningassociation.co.uk/page4.html	U13's upwards	Road	2016	October	8	Sunday	
CROSS COUNTRY									
West Yorkshire XC - Race 1	Thornes Park, Wakefield	http://www.westyorkshireathletics.org.uk/	U11's upwards	XC	2016	October	2	Sunday	
Northern XC Relays	Graves Park, Sheffield	http://www.northernathletics.org.uk/events/northern-cross-country-relays/	U11's upwards	XC	2016	October	22	Saturday	
West Yorkshire XC - Race 2	Nunroyd Park, Guiseley	http://www.westyorkshireathletics.org.uk/	U11's upwards	XC	2016	October	30	Sunday	
National XC Relays	Bery Hill Park, Mansfield	http://www.englishcrosscountry.co.uk/the-saucony-english-cross-country-relays/info/	U13's upwards	XC	2016	November	5	Saturday	
West Yorkshire XC - Race 3	Spenborough	http://www.westyorkshireathletics.org.uk/	U11's upwards	XC	2016	November	20	Sunday	
West Yorkshire XC - Race 4	Keighley - (Cliffe Castle)	http://www.westyorkshireathletics.org.uk/	U11's upwards	XC	2016	December	4	Sunday	
Yorkshire XC Champs	Lightwater Valley, Ripon	http://www.westyorkshireathletics.org.uk/events/yorkshire-county-aa-cross-country-championships/	U13's upwards	XC	2016	January	7	Saturday	
Northern XC Champs	Witton Park, Blackburn	http://www.northernathletics.org.uk/events/northern-athletics-cross-country-championships/	U13's upwards	XC	2016	January	28	Saturday	
National XC Champs	Wollaton Park, Nottingham	http://www.englishcrosscountry.co.uk/the-national-cross-country-championships/	U13's upwards	XC	2016	February	25	Saturday	

N.B. The above Priority races should be a target for all Scholarship athletes and wider K&CAC Juniors

N.B. Development races (below) are to be used when appropriate to improve racing performance or where applicable to use as training runs

N.B. Development races can be used for preference choices e.g. If Fell is preferred to a track meet or vice versa.

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Development Races

Trafford T&F Medal Meets	Stretford Park, Longton	http://www.traffordac.co.uk/tac/php/index.php?script=openMeets&fixtures.php&menu_id=18	U11's upwards	T&F		TBC	TBC	TBC
Track & Field Open Medal meets	Cleckheaton, Wakefield, Leeds, TBC		U11's upwards	T&F		TBC	TBC	TBC
Selected Road Races	TBC			Road		TBC	TBC	TBC
Quarry Rat Runs	Penstone Hill Country Park, Haworth	http://woodentops.org.uk/	U9's upwards	Fell		Sunday	Dates opposite	
BOFRA races	Various	http://www.bofra.co.uk/fixtures.php	U9's upwards	Fell		Typically Sundays	Various	