

K&CAC Juniors - Priority Races 2016/17									
Race	Venue	Web Link	Age Group	Terrain	Year	Month	Date	Day	Comments
Yorkshire XC Champs	Lightwater Valley, Ripon	<a href="http://www.northernathletics.org.uk/events/yorkshire-county-a-cross-country-championships/">http://www.northernathletics.org.uk/events/yorkshire-county-a-cross-country-championships/</a>	U13's upwards	XC	2017	January	7	Saturday	Need to pre-register individually
Northern XC Champs	Witton Park, Blackburn	<a href="http://www.northernathletics.org.uk/events/northern-athletics-cross-country-championships/">http://www.northernathletics.org.uk/events/northern-athletics-cross-country-championships/</a>	U13's upwards	XC	2017	January	28	Saturday	K&CAC will register athletes (availability confirmation required first)
National XC Champs	Wollaton Park, Nottingham	<a href="http://www.englishcrosscountry.co.uk/the-national-cross-country-championships/">http://www.englishcrosscountry.co.uk/the-national-cross-country-championships/</a>	U13's upwards	XC	2017	February	25	Saturday	K&CAC will register athletes (availability confirmation required first)
West Yorkshire League T&F	Cleckheaton/Wakefield	<a href="http://www.westyorkshireathletics.org.uk/">http://www.westyorkshireathletics.org.uk/</a>	U11's upwards	T&F	2016	Various	Various	Various	Need to pre-register individually
Fell Junior Champs - Race 1	Todd Crag, Ambleside AC	<a href="http://www.fellrunner.org.uk/races.php?id=4219">http://www.fellrunner.org.uk/races.php?id=4219</a>	U9's upwards	Fell	2016	April	16	Saturday	Entry on day
YADAL - Meet 1	Wakefield	<a href="http://www.yadal.co.uk/">http://www.yadal.co.uk/</a>	U13's upwards	T&F	2016	April	24	Sunday	
Fell Junior Champs - Race 2	Hawskwick, Wharfedale Harriers	<a href="http://www.fellrunner.org.uk/races.php?id=4177">http://www.fellrunner.org.uk/races.php?id=4177</a>	U9's upwards	Fell	2016	May	7	Saturday	Entry on day
Fell Junior Champs - Race 3	Malham, K&CAC	<a href="http://www.fellrunner.org.uk/races.php?id=4416">http://www.fellrunner.org.uk/races.php?id=4416</a>	U9's upwards	Fell	2016	May	14	Saturday	Entry on day
Yorkshire T&F Champs	Cudworth, Barnsley	<a href="http://www.northernathletics.org.uk/events/yorkshire-track-field-championships/">http://www.northernathletics.org.uk/events/yorkshire-track-field-championships/</a>	U13's upwards	T&F	2016	May	14	Saturday	
Yorkshire T&F Champs	Cudworth, Barnsley	<a href="http://www.northernathletics.org.uk/events/yorkshire-track-field-championships/">http://www.northernathletics.org.uk/events/yorkshire-track-field-championships/</a>	U13's upwards	T&F	2016	May	15	Sunday	
YADAL - Meet 2	Cleethorpes	<a href="http://www.yadal.co.uk/">http://www.yadal.co.uk/</a>	U13's upwards	T&F	2016	May	22	Sunday	
K&CAC Club Champs 800m Race	UAK Track	See K&CAC Juniors Website nearer the date	U9's upwards	Track	2016	June	TBC	Tuesday or Thursday	Entry on day
Fell Junior Champs - Race 4	Turner Uphill, Broughton Runners	<a href="http://www.fellrunner.org.uk/races.php?id=4282">http://www.fellrunner.org.uk/races.php?id=4282</a>	U9's upwards	Fell	2016	June	11	Saturday	Entry on day
Fell Junior Champs - Race 5	Clougha Pike, Bowland FR	<a href="http://www.fellrunner.org.uk/races.php?id=4275">http://www.fellrunner.org.uk/races.php?id=4275</a>	U9's upwards	Fell	2016	June	18	Saturday	
YADAL - Meet 3	Cudworth	<a href="http://www.yadal.co.uk/">http://www.yadal.co.uk/</a>	U13's upwards	T&F	2016	June	19	Sunday	Pre-entry and entry on day
Fell Junior Champs - Race 6	Church Stretton, Mercia FR	<a href="http://www.fellrunner.org.uk/races.php?id=4412">http://www.fellrunner.org.uk/races.php?id=4412</a>	U9's upwards	Fell	2016	July	2	Saturday	
YADAL - Meet 4	Wakefield	<a href="http://www.yadal.co.uk/">http://www.yadal.co.uk/</a>	U13's upwards	T&F	2016	July	17	Sunday	
K&CAC Club Champs 1500m Race	UAK Track	See K&CAC Juniors Website nearer the date	U9's upwards	Track	2016	July	TBC	Tuesday or Thursday	
West Yorkshire T&F Champs	Cleckheaton	<a href="http://www.westyorkshireathletics.org.uk/">http://www.westyorkshireathletics.org.uk/</a>	U11's upwards	T&F	2016	September	4	Sunday	Pre-entry (only allowed for those who have competed in WY&F League events)
K&CAC Club Champs Road Race	Jubilee Tower (Measured 1 and 2 mile)	See K&CAC Juniors Website nearer the date	U11's upwards	Road	2016	September	15	Tuesday or Thursday	
Yorkshire Road Relays	Thornes Park, Wakefield	<a href="http://www.northernathletics.org.uk/events/yorkshire-road-relay-championships/">http://www.northernathletics.org.uk/events/yorkshire-road-relay-championships/</a>	U13's upwards	Road	2016	September	18	Sunday	K&CAC will register athletes (availability confirmation required first)
Northern Road Relays	Sport City, Manchester	<a href="http://www.northernathletics.org.uk/events/northern-athletics-cross-country-championships/">http://www.northernathletics.org.uk/events/northern-athletics-cross-country-championships/</a>	U13's upwards	Road	2016	September	25	Sunday	K&CAC will register athletes (availability confirmation required first)
National Road Relays	Sutton Park, Birmingham	<a href="http://www.englishroadrunningassociation.co.uk/page4.html">http://www.englishroadrunningassociation.co.uk/page4.html</a>	U13's upwards	Road	2016	October	8	Sunday	K&CAC will register athletes (availability confirmation required first)
West Yorkshire XC - Race 1	Thornes Park, Wakefield	<a href="http://www.westyorkshireathletics.org.uk/">http://www.westyorkshireathletics.org.uk/</a>	U11's upwards	XC	2016	October	2	Sunday	K&CAC will register athletes (availability confirmation required first)
Northern XC Relays	Graves Park, Sheffield	<a href="http://www.northernathletics.org.uk/events/northern-cross-country-relays/">http://www.northernathletics.org.uk/events/northern-cross-country-relays/</a>	U11's upwards	XC	2016	October	22	Saturday	K&CAC will register athletes (availability confirmation required first)
West Yorkshire XC - Race 2	Nunroyd Park, Guiseley	<a href="http://www.westyorkshireathletics.org.uk/">http://www.westyorkshireathletics.org.uk/</a>	U11's upwards	XC	2016	October	30	Sunday	K&CAC will register athletes (availability confirmation required first)
National XC Relays	Berry Hill Park, Mansfield	<a href="http://www.englishcrosscountry.co.uk/the-saucony-english-cross-country-relays/info/">http://www.englishcrosscountry.co.uk/the-saucony-english-cross-country-relays/info/</a>	U13's upwards	XC	2015	November	5th	Saturday	K&CAC will register athletes (availability confirmation required first)
West Yorkshire XC - Race 3	Spensorborough	<a href="http://www.westyorkshireathletics.org.uk/">http://www.westyorkshireathletics.org.uk/</a>	U11's upwards	XC	2016	November	20	Sunday	K&CAC will register athletes (availability confirmation required first)
West Yorkshire XC - Race 4	Keighley - (Cliffe Castle)	<a href="http://www.westyorkshireathletics.org.uk/">http://www.westyorkshireathletics.org.uk/</a>	U11's upwards	XC	2016	December	4	Sunday	K&CAC will register athletes (availability confirmation required first)

N.B. The above Priority races should be a target for all Scholarship athletes and wider K&CAC Juniors  
N.B. Development races (below) are to be used when appropriate to improve racing performance or where applicable to use as training runs  
N.B. Development races can be used for preference choices e.g. If Fell is preferred to a track meet or vice versa.

Development Races									
Usually on Bank Holiday Mondays (Entry on the day)									
Some are pre-entry/others entry on the day									
Trafford T&F Medal Meets	Stretford Park, Longton	<a href="http://www.traffordac.co.uk/tac/php/index.php?script=openMeets">http://www.traffordac.co.uk/tac/php/index.php?script=openMeets</a>	U11's upwards	T&F		TBC	TBC	TBC	E.g. Eccup, Abbey Dash, Thirsk
Track & Field Open Medal meets	Cleckheaton, Wakefield, Leeds, TBC		U11's upwards	T&F		TBC	TBC	TBC	Stanbury Splash (Sun 17 Jan 2016), Withins (Sun 9 Oct), Stoop (Sun 18 Dec)
Selected Road Races	TBC			Road		TBC	TBC	TBC	Usually most Sundays from May to October
Quarry Rat Runs	Penstone Hill Country Park, Haworth	<a href="http://www.woodentops.org.uk/">http://www.woodentops.org.uk/</a>	U9's upwards	Fell		Sunday		Dates opposite	
BOFRA races	Various	<a href="http://www.bofra.co.uk/fixtures.php">http://www.bofra.co.uk/fixtures.php</a>	U9's upwards	Fell		Typically Sundays		Various	