

| K&CAC Juniors - Priority Races 2019 | | | | | | | | | |
|-------------------------------------|-----------------------------------|---|---------------|---------|------|----------|---------|----------|---|
| Race | Venue | Web Link | Age Group | Terrain | Year | Month | Date | Day | Comments |
| Yorkshire XC Champs | Lightwater Valley, Ripon | http://www.northernathletics.org.uk/events/yorkshire-county-aa-cross-country-championships/ | U13's upwards | XC | 2019 | January | 5 | Saturday | Need to pre-register individually |
| Northern XC Champs | Pontefract Racecourse, Pontefract | http://www.northernathletics.org.uk/events/northern-athletics-cross-country-championships/ | U13's upwards | XC | 2019 | January | 26 | Saturday | K&CAC will register athletes (availability confirmation required first) |
| National XC Champs | Harewood House, Leeds | http://www.englishcrosscountry.co.uk/the-national-cross-country-championships/ | U13's upwards | XC | 2019 | February | 23 | Saturday | K&CAC will register athletes (availability confirmation required first) |
| Yorkshire Road Relays | Brownlee Centre, Leeds | http://www.northernathletics.org.uk/events/yorkshire-road-relay-championships/ | U13's upwards | Road | 2019 | March | 30 | Saturday | K&CAC will register athletes (availability confirmation required first) |
| West Yorkshire League T&F | Cleckheaton/Wakefield | http://www.westyorkshireathletics.org.uk/ | U11's upwards | T&F | 2019 | Various | Various | Various | Need to pre-register individually |
| Fell Junior Champs - Race 1 | Clough Head | https://www.fellrunner.org.uk/races.php?id=6564 | U9's upwards | Fell | 2019 | March | 30 | Saturday | Entry on day |
| Fell Junior Champs - Race 2 | Kettlewell | https://www.fellrunner.org.uk/races.php?id=6584 | U9's upwards | Fell | 2019 | April | 13 | Saturday | Entry on day |
| YADAL - Meet 1 | Cudworth | http://www.yadal.co.uk/ | U13's upwards | T&F | 2019 | April | 28 | Sunday | K&CAC will register athletes (availability confirmation required first) |
| Fell Junior Champs - Race 3 | Coiners | https://www.fellrunner.org.uk/races.php?id=6336 | U9's upwards | Fell | 2019 | May | 6 | Monday | Entry on day |
| Yorkshire T&F Champs | Cudworth, Barnsley | http://www.northernathletics.org.uk/events/yorkshire-track-field-championships/ | U13's upwards | T&F | 2019 | May | 11 | Saturday | Need to pre-register individually |
| Yorkshire T&F Champs | Cudworth, Barnsley | http://www.northernathletics.org.uk/events/yorkshire-track-field-championships/ | U13's upwards | T&F | 2019 | May | 12 | Sunday | Need to pre-register individually |
| YADAL - Meet 2 | Cleethorpes | http://www.yadal.co.uk/ | U13's upwards | T&F | 2019 | May | 26 | Sunday | K&CAC will register athletes (availability confirmation required first) |
| Fell Junior Champs - Race 4 | Sedbergh | https://www.fellrunner.org.uk/races.php?id=6563 | U9's upwards | Fell | 2019 | May | 26 | Sunday | Entry on day |
| K&CAC Club Champs 800m Race | UAK Track | See K&CAC Juniors Website nearer the date | U9's upwards | Track | 2019 | June | 13 | Thursday | Entry on day |
| Fell Junior Champs - Race 5 | Clougha Pike | https://www.fellrunner.org.uk/races.php?id=6290 | U9's upwards | Fell | 2019 | June | 22 | Saturday | Entry on day |
| YADAL - Meet 3 | Cleckheaton | http://www.yadal.co.uk/ | U13's upwards | T&F | 2019 | June | 23 | Sunday | Pre-entry and entry on day |
| Fell Junior Champs - Race 6 | Up the Nab | https://www.fellrunner.org.uk/races.php?id=6544 | U9's upwards | Fell | 2019 | July | 7 | Sunday | Entry on day |
| YADAL - Meet 4 | Cudworth | http://www.yadal.co.uk/ | U13's upwards | T&F | 2019 | July | 21 | Sunday | K&CAC will register athletes (availability confirmation required first) |
| K&CAC Club Champs 1500m Race | UAK Track | See K&CAC Juniors Website nearer the date | U9's upwards | Track | 2019 | July | 4 | Thursday | |

K&CAC Juniors - 2 Week Break - Monday 19th August to Sunday 1st September 2019

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| K&CAC Club Champs Road Race | Jubilee Tower (Measured 1 and 2 mile) | See K&CAC Juniors Website nearer the date | U11's upwards | Road | 2019 | September | 3 | Tuesday | |
| West Yorkshire T&F Champs | Cleckheaton | http://www.westyorkshireathletics.org.uk/ | U11's upwards | T&F | 2019 | September | 8 | Sunday | Pre-entry (only allowed for those who have competed in WYT&F League events) |
| Northern Road Relays | Sport City, Manchester | http://www.northernathletics.org.uk/events/northern-athletics-road-relay-championships/ | U13's upwards | Road | 2019 | September | 15 | Sunday | K&CAC will register athletes (availability confirmation required first) |
| National Road Relays | Sutton Park, Birmingham | http://www.englishroadrunningassociation.co.uk/page4.html | U13's upwards | Road | 2019 | October | 6 | Sunday | K&CAC will register athletes (availability confirmation required first) |
| West Yorkshire XC - Race 1 | Keighley - (Cliffe Castle) | http://www.westyorkshireathletics.org.uk/ | U11's upwards | XC | 2019 | October | TBC | Saturday | K&CAC will register athletes (availability confirmation required first) |
| Northern XC Relays | Graves Park, Sheffield | http://www.northernathletics.org.uk/events/northern-cross-country-relays/ | U11's upwards | XC | 2019 | October | 19 | Saturday | K&CAC will register athletes (availability confirmation required first) |
| West Yorkshire XC - Race 2 | Thornes Park, Wakefield | http://www.westyorkshireathletics.org.uk/ | U11's upwards | XC | 2019 | October | TBC | Sunday | K&CAC will register athletes (availability confirmation required first) |
| National XC Relays | Berry Hill Park, Mansfield | http://www.englishcrosscountry.co.uk/the-saucony-english-cross-country-relays/info/ | U13's upwards | XC | 2019 | November | 2 | Saturday | K&CAC will register athletes (availability confirmation required first) |
| West Yorkshire XC - Race 3 | Spenborough | http://www.westyorkshireathletics.org.uk/ | U11's upwards | XC | 2019 | November | TBC | Sunday | K&CAC will register athletes (availability confirmation required first) |
| West Yorkshire XC - Race 4 | Nunroyd Park, Guiseley | http://www.westyorkshireathletics.org.uk/ | U11's upwards | XC | 2019 | December | TBC | Sunday | K&CAC will register athletes (availability confirmation required first) |
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N.B. The above Priority races should be a target for all Scholarship athletes and wider K&CAC Juniors

N.B. Development races (below) are to be used when appropriate to improve racing performance or where applicable to use as training runs

N.B. Development races can be used for preference choices e.g. If Fell is preferred to a track meet or vice versa.

Development Races

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|--------------------------------|-------------------------------------|---|---------------|------|--|-------------------|------------------|-----|--|
| Trafford T&F Medal Meets | Stretford Park, Longton | http://www.traffordac.co.uk/tcf.php/index.php?script=openMeetsFixtures&id=19 | U11's upwards | T&F | | TBC | TBC | TBC | Usually on Bank Holiday Mondays (Entry on the day) |
| Track & Field Open Medal meets | Cleckheaton, Wakefield, Leeds, TBC | | U11's upwards | T&F | | TBC | TBC | TBC | Some are pre-entry/others entry on the day |
| Selected Road Races | TBC | | | Road | | TBC | TBC | TBC | E.g. Eccup, Abbey Dash, Thirsk |
| Quarry Rat Runs | Penstone Hill Country Park, Haworth | http://www.wharfedaleharriers.co.uk/events/penistone-hill-races/ | U9's upwards | Fell | | Sunday | Dates as website | | Stanbury Splash , Withins, Stoop |
| BOFRA races | Various | http://www.bofra.co.uk/fixtures.php | U9's upwards | Fell | | Typically Sundays | Various | | Usually most Sundays from May to October |