KCAC KEIGHLEY & CRAVEN Athletics Club

2017 Championship Races

Race completed and results updated

Race due in the next month

FELL CHAMPIONSHIPS 2017	ROAD CHAMPIONSHIPS 2017	EXTREME CHAMPIONSHIPS 2017	XC CHAMPIONSHIPS 2017	ALL ROUND CHAMPIONSHIPS 2017
(Best 5 of 9)	(Best 5 of 9)	Best 3 of 5)	(Best 4 of 7)	(Best 5 races to qualify)
Jan 28th Hoofstones 8M BM	Mar 19th Bradford 10K	Feb 4th Rombald Stride 23M	Jan17 Yorkshire Champs	Best 2 Fell
Feb 18th Bleasdale Circle 5M AS	May 3/10/17thEsholt (Series) 5K YVAA	Apr 29th 3 Peaks 23.2M AL	Feb17 National Champs	Best 2 Road
Mar 4th Stan Bradshaw Pendle Round 10.4M BM	June 8th Bronte 5 5M YVAA	June 10th Ennerdale 22.9M AL	Any (best) Open Kross Challenge	Best XC Or Best Extreme
Apr 8th Coledale Horseshoe 8.5M AM	July 5th Helen Windsor 10K	Aug 5th Borrowdale 16.8M AL	Oct17 1st WYXC Race	
July 1st Oakworth Haul 5.6M	Aug 3rd UAK Track 1M	Nov 18th Full Tour of Pendle 16.8M AL	Oct17 2nd WYXC Race	
Sept 2nd Grisedale Horseshoe 9.9M AM	Aug 19th Burnsall 10M		Nov17 3rd WYXC Race	
Sept 23rd Great Whernside 4M AS	Oct 29th Holmfirth 10K		Dec17 4th WYXC Race	
Dec 10th Mytholmroyd 6M AS	Best ½ Marathon			
Dec 27th Guisborough Wood 5.5M BS	Best Marathon			

KCAC KEIGHLEY & CRAVEN Athletics Club

2017 All Round Championship Tables

05-Sep

Pos	Name		1 Best Road	2 2nd Best Road	3 Best Fell	4 2nd Best Fell	5 Best Cross Country (Best Score Counts)	Best Extreme	Scoring Total
1	John-Paul Hopkinson	V40	25	24	25	24		25	123
2	Peter Lloyd	V30	25	25	21	20		19	110
3	John Conroy	V40	23	21	21	20	24	20	109
4	Scott Bairstow	V40	25	25	25		25		100
5	Richard Butter	V40	22		20	19		24	85
6	Simon Wheeler	V40	23	21	19			20	83
7	Ian Willis	V40			25	24	25		74
8	Paul Crabtree	V40	20		24	23			67
8	Joe Atherton	V30	23	22	22				67
10	Alan Kirton	V50	21	20	16				57
11	Sam Downey				25			25	50
12	Tim Thom	V50			20	18		11	49
12	Craig Cooper	V40	25	24					49
14	Tony Booth	V40	24	24					48
15	Chris Tomes	V60	24	23					47
15	Alfie Walker	V40			24	23			47
17	Dave Evans	V30			23	23			46
18	Gary Ward	V40	24		19				43
19	Simon Chester	V40	22	20					42
20	Anand Raval	V30	21	20					41
20	Simon Bellwood		19					22	41
20	Rick Harwood				20			21	41
23	David Copping	V50			22			17	39
24	Stuart Preston	V30	22	15					37
25	Dave Copping				21	15			36
25	Richard Hindle	V60			19	17			36
27	Aaron Stack		18	17					35
28	Gary Searby	V40	18	16					34
29	Stephen Pywell		17	12					29
30	Stuart Walton	V40			25				25
30	Christopher Loftus	V40						25	25
30	Gary Chapman	V40	25						25
30	Joe Hudson		25						25
34	Shaun Wilkinson	V50						24	24
34	Sam Jackson		24						24
36	Dick Ballantine	V50						23	23
36	Paul Wilson	V40	23						23
36	Russell Aydon-Butler							23	23
39	Lukas Lee	V40	22						22
39	Ben Timbers	V40						22	22
39	Lee Ricketts	V40	22						22
42	Mark Redhead	V50	21						21
42	Simon Smallwood	V50	21						21
42	Russell Fairhurst	V50						21	21
45	Steve Carter	V60						19	19
46	Ian Rodgers							18	18
47	Paul Sessford	V50			17				17
47	Alistair Gavins	V50						17	17
49	David Ramsden	V70	16						16
49	Andrew Travis	V40						16	16
51	Peter Smith	V30						15	15
51	David Seaward		15						15
53	Vic Bamfield		14						14
54	Ryan Clapperton		13						13
54	Dan Timbers							13	13
56	David Holdsworth		10						10

Pos	Name		1 Best Road	2 2nd Best Road	3 Best Fell	4 2nd Best Fell	5 Best Cross Country (Best Score Counts)	Best Extreme	Scoring Total
1	Claire Cooper	V30	25	25	25		24		99
2	Tracey Hodgson	V30	21	21	24	24			90
3	Emma Dooks	V50	22	22	22	21			87
4	Tizz Woffenden	S	25	24			25		74
5	Sarah O'Sullivan	V40	25	25			23		73
5	Hilary Barber	V50	23		25	25			73
7	Hannah Thom	S			25	24		22	71
7	Amanda Sterling	V40	24	24				23	71
9	Camille Askins	V40	25	22			21		68
10	Hannah Yates	S	22	21				24	67
11	Donna Chester	V30	21	21				23	65
12	Maria Walker	V50	25	24					49
13	Sara Abbott	V30	24	24					48
14	Ayan Hardaker		23		24				47
14	Sharon Hudson	V40	23					24	47
16	Sue Straw	V40	24	22					46
16	Diane Macdonald	V40			21			25	46
18	Kayleigh Fish	S	23	21					44
19	Lorna Hubbard	V30	18		25				43
20	Sarah Meikle	V40	21	20					41
21	Victoria Wadsworth	V40	18					22	40
22	Luisa Lauren	V50	20	19					39
23	Rachel Gasior	V40	18	18					36
23	Sue Redhead	V50	19	17					36
25	Adele Curtis		19	16					35
25	Alice Hill		18	17					35
27	Lorraine Bamfield	V40	20	14					34
28	Paula Williams	V40	16	16					32
29	Catherine Bellwood	V50	16	15					31
30	Mary Hodgkiss	V60	14	14					28
31	Frankie Coulthread	S	15	11					26
32	Angela Paxton	V50					22	25	25
32	Jane Sedgwick	V40	13	12					25
34	Catherine Mercer	V50			23				23
35	Katie Atherton	V30			20				20
36	Tina Cardamone		19						19
36	Samantha Knowles	V40	19						19
38	Heather Crow	S	18						18
39	Trish Gavins		17						17
39	Louisa Mayor		17						17
41	Joanne Griffiths	V30	15						15
42	Andrea Stead		13						13
42	Carole Short		13						13
44	Kim Shaw	V50	12						12
44	Jackie Rishton	V50	12						12
46	Laura Jackson	V60	11						11
47	Carole Howell		10						10
47	Carole Allan	V50	10						10
49	Lyn Wigfield	V70	8						8

2017 - Extreme

(Best 3 of 5 Races)

Pos	Name		1 Rombald Stride 23m 04-Feb	2 3 Peaks 23.2m 29-Apr	3 Ennerdale 22.9m 10-Jun	4 Borrowdale 16.8m 05-Aug	5 Full Tour of Pendle 16.8m 18-Nov	Total	Scoring Total	# Races	Top 3 results 1	2	3
1	John-Paul Hopkinson	V40	25		25			50	50	2	25	25	
2	Sam Downey			24		25		49	49	2	25	24	
3	Shaun Wilkinson	V50		23		24		47	47	2	24	23	
4	Russell Aydon-Butler			18		23		41	41	2	23	18	
5	Dick Ballantine	V50	23	12				35	35	2	23	12	
5	Russell Fairhurst	V50	21	14				35	35	2	21	14	
6	Peter Lloyd			19				19	19	1	19		
7	Simon Wheeler	V40	20	10				30	30	2	20	10	
8	Christopher Loftus	V40		25				25	25	1	25		
8	Tim Thom			11				11	11	1	11		
9	Richard Butter		24					24	24	1	24		
10	Ben Timbers	V40		22				22	22	1	22		
10	Simon Bellwood		22					22	22	1	22		
12	Rick Harwood			21				21	21	1	21		
13	John Conroy	V40		20				20	20	1	20		
14	Steve Carter	V60	19					19	19	1	19		
16	Ian Rodgers		18					18	18	1	18		
17	David Copping	V50		17				17	17	1	17		
17	Alistair Gavins	V50	17					17	17	1	17		
19	Andrew Travis	V40		16				16	16	1	16		
20	Peter Smith	V30		15				15	15	1	15		
21	Dan Timbers			13				13	13	1	13		

Pos	Name		1 04-Feb	2 29-Apr	3 10-Jun	4 05-Aug	5 18-Nov	Total	Scoring Total	# Races	Top 3 results 1	2	3
1	Diane Macdonald	V40	25					25	25	1	25		
1	Angela Paxton	V50		25				25	25	1	25		
3	Sharon Hudson	V40		24				24	24	1	24		
3	Hannah Yates	S	24					24	24	1	24		
5	Amanda Sterling	V40		23				23	23	1	23		
5	Donna Chester	V30	23					23	23	1	23		
7	Hannah Thom	S		22				22	22	1	22		
7	Victoria Wadsworth	V40	22					22	22	1	22		

2017 - Fell

(Best 5 of 9 Races)

KCAC KEIGHLEY & CRAVEN Athletics Club

Pos	Name		1 Hoofstones 28-Jan	2 Bleasdale Circle 18-Feb	3 Stan Bradshaw Pendle Round 04-Mar	4 Coledale Horseshoe 08-Apr	5 Oakworth Haul 01-Jul	6 Grisedale Horseshoe 02-Sep	7 Great Whernside 23-Sep	8 Mytholmroyd 10-Dec	9 Guisborough Wood 27-Dec	Total	Scoring Total	# Races	Top 5 Results				
															1	2	3	4	5
1	John-Paul Hopkinson	0	25	24	24	22						95	95	4	25	24	24	22	
2	Paul Crabtree	0	22	23		24	21					90	90	4	24	23	22	21	
3	Dave Evans	0		21	23	23	17					84	84	4	23	23	21	17	
4	Ian Willis	0	24	25			23					72	72	3	25	24	23		
5	Alfie Walker	0	23	22			24					69	69	3	24	23	22		
6	Peter Lloyd	0	20	19		21						60	60	3	21	20	19		
7	John Conroy	0		20	21		18					59	59	3	21	20	18		
8	Richard Butter	0	19	18	20							57	57	3	20	19	18		
9	Tim Thom	0	18		18	20						56	56	3	20	18	18		
10	Richard Hindle	0		17	17	19						53	53	3	19	17	17		
11	Dave Copping		21				15					36	36	2	21	15			
12	Stuart Walton	0					25					25	25	1	25				
12	Sam Downey					25						25	25	1	25				
12	Scott Bairstow	0			25							25	25	1	25				
15	Joe Atherton	0					22					22	22	1	22				
15	David Copping	0			22							22	22	1	22				
17	Rick Harwood						20					20	20	1	20				
18	Gary Ward	0					19					19	19	1	19				
18	Simon Wheeler	0			19							19	19	1	19				
20	Paul Sessford	0	17									17	17	1	17				
21	Alan Kirton	0					16					16	16	1	16				

Pos	Name		1 Hoofstones 28-Jan	2 Bleasdale Circle 18-Feb	3 Stan Bradshaw Pendle Round 04-Mar	4 Coledale Horseshoe 08-Apr	5 Oakworth Haul 01-Jul	6 Grisedale Horseshoe 02-Sep	7 Great Whernside 23-Sep	8 Mytholmroyd 10-Dec	9 Guisborough Wood 27-Dec	Total	Scoring Total	# Races	Top 5 Results				
															1	2	3	4	5
1	Tracey Hodgson	0	23	24	23	24	19	24				137	118	6	24	24	24	23	23
2	Hilary Barber	0	24	25		25		25				99	99	4	25	25	25	24	
3	Hannah Thom	S	25		24	23	22					94	94	4	25	24	23	22	
4	Emma Dooks	0			22		21					43	43	2	22	21			
5	Claire Cooper	0					25					25	25	1	25				
5	Lorna Hubbard	0			25							25	25	1	25				
7	Ayan Hardaker						24					24	24	1	24				
8	Catherine Mercer	0					23					23	23	1	23				
9	Diane MacDonald	0			21							21	21	1	21				
10	Katie Atherton	0					20					20	20	1	20				

2017 - xc

(Best 4 of 7 Races)

KCAC KEIGHLEY & CRAVEN Athletics Club

Pos	Name		1 Jan (Yorkshire Champs)	2 Feb (National Champs)	3 (Open Kross Challenge)	4 Oct (1st WYXC Race)	5 Oct (2nd WYXC Race)	6 Nov (3rd WYXC Race)	7 Dec (4th WYXC Race)	Total	Scoring Total	# Races	Top 4 Results			
													1	2	3	4
1	Scott Bairstow	0	24	25						49	49	2	25	24		
2	John Conroy	0	23	24						47	47	2	24	23		
3	Ian Willis	0	25							25	25	1	25			

Pos	Name		1 Jan (Yorkshire Champs)	2 Feb (National Champs)	3 00-Jan (Open Kross Challenge)	4 Oct (1st WYXC Race)	5 Oct (2nd WYXC Race)	6 Nov (3rd WYXC Race)	7 Dec (4th WYXC Race)	Total	Scoring Total	# Races	Top 4 Results			
													1	2	3	4
1	Tizz Woffenden	0	25							25	25	1	25			
2	Claire Cooper	0	24							24	24	1	24			
3	Sarah O'Sullivan	0	23							23	23	1	23			
4	Angela Paxton	0	22							22	22	1	22			
5	Camille Askins	0	21							21	21	1	21			

2017 - Road Men

(Best 5 of 9 Races)

KCAC KEIGHLEY & CRAVEN Athletics Club

Pos	Name		1 19-Mar Bradford 10k	2 May Esholt 5k Series (x3)	3 08-Jun Bronte 5m	4 05-Jul Helen Windsor 10K	5 03-Aug UAK Track 1M	6 19-Aug Burnsall 10M	7 29-Oct Holmfirth 10K	8 Best ½ Marathon	9 Best Marathon	Total	Scoring Total	# Races	Top 5 Results				
															1	2	3	4	5
1	Tony Booth	V40		24			22			24	24	94	94	4	24	24	24	22	
2	Craig Cooper	V40	25		21	24					23	93	93	4	25	24	23	21	
3	Simon Chester	V40	20	19				22		19		80	80	4	22	20	19	19	
4	Scott Bairstow	V40		25			23	25				73	73	3	25	25	23		
5	John-Paul Hopkinson	V40		23				24		25		72	72	3	25	24	23		
6	Chris Tomes	V60	24	22		23						69	69	3	24	23	22		
7	John Conroy	V40			18		21			23		62	62	3	23	21	18		
8	Anand Raval	V30	21	20			19					60	60	3	21	20	19		
9	Peter Lloyd	V30			25	25						50	50	2	25	25			
10	Joe Atherton	V30			23					22		45	45	2	23	22			
10	Gary Searby	V40			11		16			18		45	45	3	18	16	11		
12	Simon Wheeler	V40		21				23				44	44	2	23	21			
13	Alan Kirton	V50					20			21		41	41	2	21	20			
14	Stuart Preston	V30			15	22						37	37	2	22	15			
15	Carl Jenkinson	V40								16	20	36	36	2	20	16			
16	Aaron Stack				17		18					35	35	2	18	17			
17	Stephen Pywell				12		17					29	29	2	17	12			
18	Joe Hudson						25					25	25	1	25				
18	Gary Chapman	V40									25	25	25	1	25				
20	Sam Jackson						24					24	24	1	24				
20	Gary Ward	V40			24							24	24	1	24				
22	Paul Wilson	V40	23									23	23	1	23				
23	Lukas Lee	V40			22							22	22	1	22				
23	Richard Butter	V40	22									22	22	1	22				
23	Lee Ricketts	V40									22	22	22	1	22				
26	Simon Smallwood	V50									21	21	21	1	21				
26	Mark Redhead	V50				21						21	21	1	21				
28	Paul Crabtree	V40			20							20	20	1	20				
28	Victor Bamfield	V40								20		20	20	1	20				
30	Simon Bellwood				19							19	19	1	19				
31	Richard Lund	V50								17		17	17	1	17				
32	David Ramsden	V70			16							16	16	1	16				
33	David Seaward	V50					15					15	15	1	15				
34	Vic Bamfield				14							14	14	1	14				
35	Ryan Clapperton				13							13	13	1	13				
36	David Holdsworth				10							10	10	1	10				

2017 - Road Women

(Best 5 of 9 Races)

KCAC KEIGHLEY & CRAVEN Athletics Club

Pos	Name		1 19-Mar Bradford 10k	2 May Esholt 5k Series (x3)	3 08-Jun	4 05-Jul Bronte 5m	5 03-Aug Helen Windsor 10K	6 19-Aug UAK Track 1M	7 29-Oct Burnsall 10M	8 Holmfirth 10K	9 Best ½ Marathon	Total	Scoring Total	# Races	Top 5 Results				
											Best Marathon				1	2	3	4	5
1	Sarah O'Sullivan	V40	24	25	22	24		25				120	120	5	25	25	24	24	22
2	Camille Askins	V40	22	22	21		25	22				112	112	5	25	22	22	22	21
3	Sarah Meikle	V40	19	19	14	21	20	20				113	99	6	21	20	20	19	19
4	Emma Dooks	V50		20	20	22	22					84	84	4	22	22	20	20	
5	Tracey Hodgson	V30	18				21	21		20		80	80	4	21	21	20	18	
6	Claire Cooper	V30			25	25					25	75	75	3	25	25	25		
7	Maria Walker	V50				23	24			25		72	72	3	25	24	23		
8	Amanda Sterling	V40	23	24							24	71	71	3	24	24	23		
8	Sara Abbott	V30						24		23	24	71	71	3	24	24	23		
10	Luisa Lauren	V50	17		13	20				19		69	69	4	20	19	17	13	
11	Hannah Yates	S	20							22	21	63	63	3	22	21	20		
12	Rachel Gasior	V40		18		18	16					52	52	3	18	18	16		
13	Sue Redhead	V50		17		19	14					50	50	3	19	17	14		
14	Tizz Woffenden	V40	25		24							49	49	2	25	24			
15	Paula Williams	V40	16	16			15					47	47	3	16	16	15		
16	Sue Straw	V40								24	22	46	46	2	24	22			
17	Kayleigh Fish	S	21	23								44	44	2	23	21			
18	Donna Chester	V30		21						21		42	42	2	21	21			
19	Alice Hill						18			17		35	35	2	18	17			
19	Adele Curtis				16		19					35	35	2	19	16			
21	Lorraine Bamfield	V40								14	20	34	34	2	20	14			
22	Catherine Bellwood	V50	15							16		31	31	2	16	15			
23	Mary Hodgkiss	V60	14	14								28	28	2	14	14			
24	Frankie Coulthread	S		15	11							26	26	2	15	11			
25	Jane Sedgwick	V40			12		13					25	25	2	13	12			
26	Sharon Hudson	V40					23					23	23	1	23				
26	Ayan Hardaker				23							23	23	1	23				
26	Hilary Barber							23				23	23	1	23				
29	Tina Cardamone				19							19	19	1	19				
29	Samantha Knowles	V40									19	19	19	1	19				
31	Lorna Hubbard	V30					18					18	18	1	18				
31	Victoria Wadsworth	V40			18							18	18	1	18				
31	Heather Crow	S								18		18	18	1	18				
34	Louisa Mayor	#N/A					17					17	17	1	17				
34	Trish Gavins				17							17	17	1	17				
36	Joanne Griffiths	V30			15							15	15	1	15				
36	Susan Park	V50								15		15	15	1	15				
38	Carole Short			13								13	13	1	13				
38	Andrea Stead		13									13	13	1	13				
40	Kim Shaw	V50					12					12	12	1	12				
40	Jackie Rishton	V50		12								12	12	1	12				
42	Laura Jackson			11								11	11	1	11				
43	Carole Howell			10								10	10	1	10				
43	Carole Allan	V50		10								10	10	1	10				
45	Lyn Wigfield	V70		8								8	8	1	8				