



PATELEY BRIDGE CRICKET CLUB



Junior Triathlon Challenge Nidderdale Pool and Leisure Centre 4pm Sunday 23rd April 2017

The PBCC Triathlon Challenge will be different to the traditional triathlon format. Each of the three disciplines, Swimming, Cycling and Running, will be performed for a set time, the aim being to do as many meters as possible over that time.

The timings are:-

Swim for 4 minutes
Cycle for 10 minutes
Run for 5 minutes

The winners in each age group will be judged on their collective achievements over the 19 minutes.

Entrants are encouraged to collect Sponsorship in aid of replacing the PBCC Practice Facilities, which are essential for providing quality cricket coaching to all out junior club members.

Please note: the cycling will take place on the all-weather pitch, which is loose gravel, so a mountain bike is essential.

Entry Form

7-8	Years	<input type="checkbox"/>
9-11	Years	<input type="checkbox"/>
12-15	Years	<input type="checkbox"/>

Age for each category is age on the 23rd April 2017

Please Complete in Block Capitals:

Forename _____ **Surname** _____

Date of Birth _____ **Age on 23rd April 2017** _____

Gender: Female / Male

Home Address: _____

Parent Contact No.: _____ **Email:** _____

Please write email address clearly. This is essential for further communication.

Medical Information – Please list any special medical conditions.

In order to book your place, please send your entry form and cheque for £15 per child, made payable to Pateley Bridge Cricket Club, to:-
Julia Hardcastle; Owl Croft; Heathfield; Pateley Bridge, HG3 5PU

Or, post in a sealed envelope in the entry form box at the Nidderdale Pool and Leisure Centre.

Confirmation of places and further event details will be by e-mail to the e-mail address given on this entry form. Places are limited and will be allocated on a first come first served basis.