

# YORKSHIREMAN OFF ROAD MARATHON 2009



[www.kcac.co.uk](http://www.kcac.co.uk)



**The Classic 26 Mile Off-Road Event for Walkers & Runners, pairs or individual  
Sunday 13<sup>th</sup> September 2009, Haworth Primary School, Rawdon Road,  
Haworth BD22 8DW, West Yorkshire**

"Yorkshireman Off Road Marathon. 10.00am start. CL. 26.2 miles 3065` from Haworth Primary School, Rawdon Road, Haworth (GR 032374). **Walkers start at 8am.**

No entries accepted on the day. Limit of 250 runners. Closing date Monday 7<sup>th</sup> September 2009 or when limit reached. Free t-shirt to all finishers.

This was originally a pairs event but a solo category now available. Entry £13 solo or £24 per team of two. Over 18 only. Hot meal at finish & refreshments en-route, you are requested to carry a mug. The route is partially flagged but you are recommended to reccy the course & carry the relevant map. A full narrative is sent out with confirmation of entry. A4 colour map of route also available at cost of 75p see below. This is an off road event & run under FRA rules & guidelines. The route covers open moorland & the highest point in West Yorks. Please carry required kit, map, compass & emergency rations.

Entries to C Marshall, Hill Top Barn, Oakworth BD22 7PY. 01535 648017, Email [charlie@sportcamps.co.uk](mailto:charlie@sportcamps.co.uk) Confirmation sent by e-mail or enc SAE" - Cheques payable to Keighley and Craven AC. Please use public car parks in Haworth.

## Please enter me for the Full Yorkshireman 13<sup>th</sup> September 2009

First Competitor - M \_\_\_ or F \_\_\_ (tick)

First Name \_\_\_\_\_

Surname \_\_\_\_\_

Club \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Tel \_\_\_\_\_ Age on race day \_\_\_\_\_

E-mail address \_\_\_\_\_

Walker \_\_\_ or Runner \_\_\_ (please tick)

confirmation by e-mail  or post  supply SAE

Second Competitor (full only) - M \_\_\_ or F \_\_\_ (tick)

First Name \_\_\_\_\_

Surname \_\_\_\_\_

Club \_\_\_\_\_

Address \_\_\_\_\_  
\_\_\_\_\_

Postcode \_\_\_\_\_

Tel \_\_\_\_\_ Age on race day \_\_\_\_\_

E-mail address \_\_\_\_\_

Walker \_\_\_ or Runner \_\_\_ (please tick)

confirmation by e-mail  or post  supply SAE

I understand that this race is held in accordance with both the Rules and Safety Requirements of the FRA. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running in this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in this race.

Signed \_\_\_\_\_

Signed \_\_\_\_\_

T-shirt (please circle size)  
Collect at Registration

Size: Runner 1 S / M / L / XL  
Size: Runner 2 S / M / L / XL

### RACE ENTRY FEES

£13 Individual

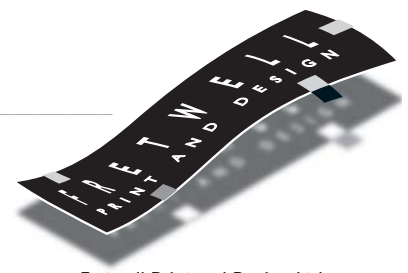
£24 Team of 2

A4 Map(s) 75p each

Amount enclosed

£

Include SAE for reply



Fretwell Print and Design Ltd  
Goulbourne St, Keighley BD21 1PX  
T: 01535600714 E: [enquiries@fretwell.co.uk](mailto:enquiries@fretwell.co.uk)  
[www.fretwell.co.uk](http://www.fretwell.co.uk)

# YORKSHIREMAN OFF ROAD HALF MARATHON 2009



[www.kcac.co.uk](http://www.kcac.co.uk)



## Half Marathon Off-Road Event for Walkers & Runners

Sunday 13<sup>th</sup> September 2009 at 10:30am

From Haworth Primary School, Rawdon Rd, Haworth, West Yorkshire, BD22 8DW

Yorkshireman Half Marathon. BL. 14.8m/1750' from Haworth Primary School, Rawdon Rd, Haworth (GR 032374 on the South Pennines Sheet).

**Race for individuals only starts at 10:30am for runners and walkers. Online entry available (see website).**

**Refreshments en route also soup and sandwiches at finish. Quality t-shirt to all finishers.** Route partially flagged, recy recommended. This event is run under FRA rules & guidelines, kit to be carried, including map, whistle, compass & full body cover. A4 colour map of route also available at cost of 75p see below.

For further details visit [www.kcac.co.uk](http://www.kcac.co.uk) - Entry and payment to Charles Marshall, Hill Top Barn, Hill Top Road, Oakworth, Keighley BD22 7PY. Email: [charlie@sportcamps.co.uk](mailto:charlie@sportcamps.co.uk) Tel: 01535 648017. Cheques payable to Keighley & Craven A.C. no entries on the day. Race limit 300 runners. Entries close Monday 7<sup>th</sup> Sept or when limit reached.

Records: Adam Breaks, CVFR; f. 1:25.42 2005; Candice Leah, Clayton f. 1:43:13 2005.

Please use the public car parks in Haworth.

### Please enter me for the Half Marathon 13<sup>th</sup> September 2009

Competitor - M \_\_\_\_ or F \_\_\_\_ (tick)

First Name \_\_\_\_\_ Surname \_\_\_\_\_

Age on race day \_\_\_\_\_ D.O.B. \_\_\_\_\_ Club \_\_\_\_\_

Address \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_ Postcode \_\_\_\_\_

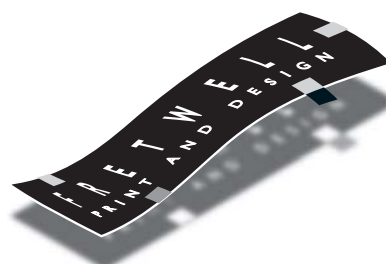
Tel \_\_\_\_\_ E-mail address \_\_\_\_\_

Walker \_\_\_\_ or Runner \_\_\_\_ (please tick) confirmation by e-mail  or post  supply SAE

I understand that this race is held in accordance with both the Rules and Safety Requirements of the FRA. I confirm that I am aware of the organiser's information and requirements in connection with this race. I accept the hazards involved in fell running and acknowledge that I am entering and running in this race at my own risk. Other than the organiser's liability for causing death or personal injury by negligence, I confirm that I understand that the organiser accepts no liability to me for any loss or damage of any nature to myself or property arising out of my participation in this race.

Signed \_\_\_\_\_

T-shirt (please circle size) Collect at Registration	Size: S / M / L / XL
RACE ENTRY FEE £13 per Individual A4 Map 75p <input type="checkbox"/>	Amount enclosed £ Include SAE for reply



Fretwell Print and Design Ltd  
Goulbourne St, Keighley BD21 1PX  
T: 01535600714 E: [enquiries@fretwell.co.uk](mailto:enquiries@fretwell.co.uk)  
[www.fretwell.co.uk](http://www.fretwell.co.uk)